



JUMP ROPE FOR HEART

RELEASE and INDEMNIFICATION (Permission Slip)

Jump Rope For Heart involves jumping rope – a strenuous activity that may include risks such as, but not limited to, physical exertion, falls and contact with other participants. I hereby expressly assume all risks, including personal injury and fatality, arising out of my child's participation in Jump Rope For Heart and related activities.

It is my responsibility to ensure that my child's clothing and equipment are properly fitted and appropriate for use in this event. I represent and warrant that my child is physically fit and able to participate in Jump Rope For Heart. My child agrees to stop and request assistance if he/she experiences any symptoms such as, but not limited to, dizziness, excessive fatigue, shortness of breath, pain or any other conditions that would make it difficult or unsafe to continue.

I agree, for myself, my heirs, executors and administrators, to not sue and to release, indemnify and hold harmless the American Heart Association, Inc., its affiliates, officers, directors, volunteers and employees and all sponsoring businesses and organizations and their agents and employees, from any and all liability, claims, demands, and causes of action whatsoever, arising out of my child's participation in this event and related activities – whether it results from the negligence of any of the above or from any other cause. Furthermore, I authorize the use, copyright, or publication of my child's name, image or voice as may be captured by photograph or recording while participating in this event and related activities in any medium for any purpose, including illustration, promotion or advertisement.

If your child is participating in our online fund-raising program, please read and check the appropriate box:

☐ I agree to allow my child to register for the Jump Rope For Heart online fundraising program. This site allows participants to track their individual and team's progress while having access to the AHA's educational and fundraising resources. Your child has the option of including a photo on their site as well as sending out emails to family and friends in support of their participation with Jump Rope For Heart. For more information, go to heart.org/jump.

☐ I do not want my child to register for the Jump Rope For Heart online participant site at school.

The foregoing release and indemnification agreement shall be as broad and inclusive as is permitted by the State in which the event is conducted. If any portion of it is held invalid, the balance shall continue in full force and effect. I have read, understand and agree to the terms of this Agreement.

I am the legal guardian of the participant, and I hereby consent to his/her participation. I have read and explained the foregoing release and indemnification agreement to my child, and I hereby agree to its terms on behalf of myself and the Participant.

Parent/Guardian's Printed Name

Signature

Date

Parent/Guardian's Email

☐ By providing my email address, I agree to allow my child to use my email address for online fundraising.

☐ I agree to receive emails from the American Heart Association.

☐ Yes, I will be a parent volunteer and help with this event. I may be reached at this phone number: _____

Participant's Printed Name

Home Room Teacher's Name

Date

Participant's Signature (required if 18 years or older)

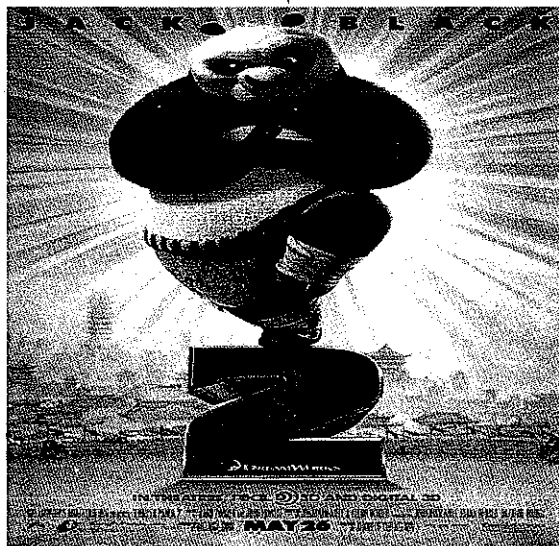
WHY your child should sign up TODAY to raise money online...

- It's **SAFE!** Our website is secure and protected. Information about your child and donors is housed on a secure site and won't be given to any third parties. Plus, your child does not need to handle any checks or cash because all donations are made online.
- It **SAVES TIME!** Write your own email or use one of the templates provided. You can send one email to all your friends and family.
- It's **EASY!** It takes just a few simple clicks for your child to join his or her school's online team. They can personalize their Web pages by uploading a photo and sharing reasons for helping others.
- It's **EFFECTIVE!** On average, participants raise more money online than through collecting checks or cash. By fund raising online, your family can help raise more money and help save more lives!
- It's **FUN!** Children can see how they are progressing toward their personal fundraising goal and check out their school's progress toward the team goal.

heart.org/jump

The Charles Hay 1st Graders invite you and your families to come hang out at Family Movie Night.

Friday, January 27th. Movie - Kung Fu Panda 2 - Rated "PG"



Concession stand & doors will open at 6:00pm. Movie will start at 6:30pm.

All children must be accompanied by an adult.

Bring your pillows & blankets to enjoy a night of fun & relaxation!



LACROSSE

for Youth Ages 7-14

FEBRUARY 27 - MAY 19

Practice Starts February 27

Games Start The Weekend of March 31

PRACTICE SCHEDULE

Age As of 8/31/11	Born On or After	Day	Time
U9	9/1/02	M/W/F	5-6:30pm
U10	9/1/01	M/W/F	5-6:30pm
U11	9/1/00	M/W/F	5-6:30pm
U12	9/1/99	M/W/F	5-6:30pm
U13	9/1/98	M/W/F	5-6:30pm
U14	9/1/97	M/W/F	5-6:30pm
U15	9/1/96	M/W/F	5-6:30pm

REQUIRED EQUIPMENT*

Helmet with Face Mask • Mouth Guard (provided)
Gloves • Stick • Shoulder Pads • Arm Pads

Chest Protector & Rib Pads are recommended, but not required

* A limited supply of equipment will be available to check out

TO REGISTER

Register at the Englewood Recreation Center, 1155 W. Oxford Ave.

Participants register as individuals and teams are formed after the first week of practice. Teams have at least one practice and one game per week, depending on the number of participants registered. Coaches will contact players regarding teams.

Practices are held at Jason Park, 4299 S. Jason St. Teams will be placed in the Colorado Youth Lacrosse Association (CYLA), and games are played on Saturdays at Jason Park and other metro area locations. Parents must complete a youth sports waiver.

22330511	U9
22330512	U10
22330513	U11
22330514	U12
22330515	U13
22330516	U14
22330517	U15

Fee: \$75

Resident Fee: \$65



CITY OF ENGLEWOOD
Parks & Recreation
www.EnglewoodRec.org



THIS IS A RECREATIONAL LACROSSE PROGRAM DESIGNED
TO TEACH THE FUNDAMENTALS OF LACROSSE TO PARTICIPANTS.

For more information, call Dave Parks at 303-762-2680.

Englewood Parks Recreation Youth Sports Registration Form

Head of Household Information

List all Children Registering

Name Birth Date M/F

Last Name First

Birth Date M / F

Phone(H) (C)

Street Address

City State Zip

Email

Englewood Resident? Yes No

Please make sure all above information is correct, to assist in proper registration and communication

Would you like to receive league information and updates via email? Circle one: YES NO

Participant Registration

(Multiple participants can be included on one form)

Program/Location	Players Name (first/last)	Activity #	Fee

Additional Information (medical conditions, schedule conflicts, etc.):

Who will pick-up/drop-off child at practice?

I acknowledge that my participation or the participation of my child in this activity involves an inherent risk of physical injury to any person undertaking such activity or damage to personal property. I hereby covenant and agree that I assume all risk associated with my or my child's participation in the City of Englewood Parks and Recreation authorized activity, and waive and release the City of Englewood, it's Parks and Recreation Department and it's representatives from any claim for damages and/or injuries incurred while participating in or as a spectator at this City of Englewood sponsored activity. I have read & understand this agreement and it shall be effective and binding upon parties for this activity. Participants may be photographed while utilizing the facility, services or participating in a program of the Englewood Parks & Recreation Department, and said photographs, or likeness of me may be utilized to publicize activities as the department deems appropriate

X

Signature

Date